Suspect damage to the neck and spine

Perform ABC on scene

Is the patient able to get up, stand and walk by himself

Yes:

Escort the patient to the ship's hospital

No:

Fixate the head, in finding position.
Headholder + blankets to support
Log-roll into in-line position on spineboard
Keep the patient warm
Transport to the ship's hospital

FACTS

Neck collar: only applied, if prescribed by RMD

Spine board : only for transportation, e.g to the ship's hospital.

At the ship´s hospital:

When the patient lies down support the head as in the procedure for log-roll

At the ship´s hospital:

If on spineboard, release head first, support the head, unstrap the body. Log-roll to hospital bed

At the ship´s hospital:

On hospitals bed:

Fixate head with blankets and duct tape. The body must also be supported with blankets and fixed to the bed with duct tape.

Perform ABCDE including measuring the vitals.

Also examine for:

- **Spine tenderness**
- **Sensory disturbances in arms and / or legs**
- **Reduced force by handshake with both hands**
- **Unable to tilt toes**

Contact Radio Medical for further treatment/ evacuation